

November Menu

1% milk served to children 2 and up
Whole milk served to children age 1



Breakfast: 8:00am
Lunch: 11:30-12:30pm
Snack: 2:30-3:30pm
WG-whole grain
HM- homemade

| Mon. | Tues. | Wed. | Thurs. | Fri. |
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| | | | | 1 Br: Cheesy eggs, croissant, grapes, milk Lu: chicken nuggets WG , salad, sliced apples, milk Sn: Naan, carrots, water |
| 4 Letter K Br: Biscuits, banana, milk Lu: BBQ Turkey slider, bun WG , green beans, pineapple, milk Sn: Goldfish WG , white grape juice | 5 Br: Blueberry muffins HM , clementine, milk Lu: Fish Sticks, roll WG , sweet potatoes, corn, milk Sn: tortilla chips, cheese cubes, salsa, water | 6 Br: turkey sausage, apple sauce, milk Lu: ranch chicken wrap WG , mixed vegetables, peaches, milk Sn: Chex, raisins, apple juice | 7 Br: Cheerios, pears, milk Lu: chicken and cheese quesadilla WG , peas, mandarins, milk Sn: carrots, cheese stick, water | 8 Br: pancake WG , apricots, milk Lu: Macaroni and Cheese WG , green beans, fruit salad w/ KIWI, milk Sn: crackers WG , sliced banana, water |
| 11 Letter Y Br: mini bagel WG , mandarins, milk Lu: hamburger, bun WG , French fries, peaches, milk Sn: Ham, cheese, crackers, water | 12 Br: toast, apple slices, milk Lu: Ziti WG and turkey meat sauce HM , YELLOW corn, honeydew, milk Sn: pretzels, clementine, water | 13 Br: biscuit, grapes, milk Lu: cheese and bean burrito, tortilla WG , salad, pineapples, milk Sn: animal crackers, YOGURT, water | 14 Br: Egg and cheese roll up HM/WG , pears, milk Lu: Grilled cheese HM/WG , tomato soup, peaches, milk Sn: Goldfish WG , apple juice | 15 Sn: hash browns HM , apricots, milk Lu: bbq turkey sandwich, bun WG , carrots, fruit salad, milk Sn: wheat thins, banana |
| 18 Letter J Br: French toast WG , banana, milk Lu: ham and cheese sandwich WG , sweet potato fries, mixed fruit, milk Sn: yogurt, berries, water | 19 Br: Rice cake WG , apple slices, milk Lu: Macaroni and cheese HM , broccoli, peaches, milk Sn: Goldfish WG , cucumbers, water | 20 Br: Chex WG , grapes, milk Lu: cheese pizza WG , corn, cantaloupe, milk Sn: applesauce, pretzels, water | 21 Br: Naan, apricots, milk Lu: Turkey hotdog, bun WG , peas, fruit salad, milk Sn: blueberry muffin, milk | 22 Br: cinnamon bread, pears, milk Lu: chicken pot pie, biscuit, mixed vegetables, grapes, milk Sn: pretzels, apple JUICE |
| 25 Thanksgiving Week Br: Cheerios WG , banana, milk Lu: Chicken nuggets WG , carrots, pineapple, milk Sn: Ritz crackers, white grape juice | 26 Br: Turkey sausage, toast, peaches, milk Lu: Cheeseburger, bun WG , fries, apples, milk Sn: graham crackers, milk | 27 Br: Pumpkin muffins WG , pineapple, milk Lu: turkey w/ brown gravy, roll WG , sweet potatoes, peaches, milk Sn: Chex Harvest Trail mix HM , apple cider | 28 CLOSED <i>Happy Thanksgiving!</i> | 29 CLOSED <i>Happy Thanksgiving!</i> |