

January Infant Menu

Breakfast: 8:00am
Lunch: 11:30-12:30pm
Snack: 2:30-3:30pm

WG-whole grain

HM- homemade



Mon.	Tues.	Wed.	Thurs.	Fri.
Winter/New Year's week		1 CLOSED	2	3
			Br: French toast WG , pears, formula Lu: chicken taco WG , green beans, apple sauce, formula Sn: banana, graham crackers, formula	Br: rice cereal WG , applesauce, formula Lu: cheese pizza WG , mixed veggies, fruit salad, formula Sn: arrowroot cookies, peaches, formula
6 Letter T week	7	8	9	10
Br: toasted bagel WG , mango, formula Lu: chopped chicken, ravioli pick ups, corn, pears, formula Sn: chocolate chip teddy grahams, apple pick ups, formula	Br: pancake HM/WG , berries formula Lu: baked ziti WG with ground turkey meat sauce, peas, peaches, formula Sn: cheddar rice cake, grapes, formula	Br: Rice Cereal WG , pears, formula Lu: chicken taco WG , black beans, carrot, chopped grapes, formula Sn: Goldfish WG , banana, formula	Br: toast WG , apricots, formula Lu: Chicken and cheese quesadilla HM/WG , green beans, apple sauce, formula Sn: graham crackers, string cheese, cooked carrots, formula	Br: biscuit, pears, formula Lu: cheeseburger, bun WG , seasoned potato wedges, mixed fruit, formula Sn: banana tortilla roll WG , formula
13 Letter G week	14	15	16	17
Br: French toast WG , applesauce, formula Lu: grilled cheese HM/WG , peas, pears, formula Sn: carrot, apple pick ups, formula	Br: pancake HM/WG , banana, formula Lu: ranch chicken wrap WG , green beans, peaches, formula Sn: teething biscuit, mango, formula	Br: toast WG , pears, formula Lu: ham, sweet potatoes, roll WG , chopped grapes, formula Sn: peaches, yogurt, formula	Br: biscuit, apple sauce, formula Lu: bbq ground turkey, bread WG , French fries, pears, formula Sn: English muffin, mango, formula	Br: Oatmeal WG , apricots, formula Lu: garlic buttered chicken with egg noodles, carrots, mixed fruit, formula Sn: cucumbers, crackers, formula
20 Letter X week	21 Playdate 	22	23	24
Br: cinnamon swirl bread, chopped grapes, formula Lu: chicken alfredo WG , garlic bread, green beans, peaches, formula Sn: crackers, cheese, green beans, formula	Br: naan, banana, formula Lu: chicken fajita, tortilla WG , French fries, apple pick ups, formula Sn: arrowroot cookies, yogurt, formula	Br: scrambled eggs, hash browns, formula Lu: Swiss cheese sandwich, carrots, pears, formula Sn: cheese pizza bagel WG , formula	Br: biscuit, applesauce, formula Lu: Beef nachos, pears, mixed veggies, tortilla WG , formula Sn: animal cracker, apple pick ups, formula	Br: Rice cereal WG , cantaloupe, formula Lu: chicken pot pie HM with biscuit, mixed veggies, fruit salad, formula Sn: grapes, cheese cubes, Cheerios WG , formula
27 Letter P week	28	29	30	31
Br: Oatmeal cereal WG , pears, formula Lu: cheese quesadilla WG , peas, pears, formula Sn: teething biscuit, yogurt, formula	Br: biscuit, apple sauce, formula Lu: Macaroni and cheese WG , green beans, chopped grapes, formula Sn: carrots, Cheerios WG , formula	Br: Toasted English muffin, pears, formula Lu: Chicken parmesan, roll WG , California blend veggies, mango, formula Sn: Goldfish WG , applesauce, formula	Br: Waffles WG , cinnamon apples, formula Lu: Center cut pork chops, roll WG , mashed potatoes, peaches, formula Sn: peaches, winter trail mix WG , formula	Br: Naan, chopped grapes, formula Lu: bbq turkey sliders HM/WG , mixed vegetables, peaches, formula Sn: cooked carrots, crackers, formula