


January Menu

1% milk served to children 2 and up
Whole milk served to children age 1



Breakfast: 8:00am
Lunch: 11:30-12:30pm
Snack: 2:30-3:30pm
WG-whole grain
HM- homemade

Mon.	Tues.	Wed.	Thurs.	Fri.
Winter/New Year's week		1 CLOSED	2	3
6 Letter T week Br: toasted bagel, cream cheese, mandarins, milk Lu: fish sticks WG , corn, pears, milk Sn: chocolate chip teddy grahams, apples, water	7 Br: pancake HM/WG , berries milk Lu: baked ziti WG with ground turkey meat sauce, peas, apples, milk Sn: cheddar rice cake, grapes, water	8 Br: Cheerios WG , pears, milk Lu: chicken taco WG , black beans, carrot, honeydew, milk Sn: Goldfish WG , 100% apple juice	9 Br: turkey sausage, toast WG , apricots, milk Lu: Chicken and cheese quesadilla HM/WG , green beans, orange slices, milk Sn: graham crackers, string cheese, water	10 Br: biscuit, pineapple, milk Lu: chicken noodle bake, WG , carrots, mixed fruit, milk Sn: banana/Nutella tortilla roll WG , water
13 Letter G week Br: French toast WG , cantaloupe, milk Lu: grilled cheese HM/WG , tomato soup, pears, milk Sn: carrot, apples, water	14 Br: pancake, WG , banana, milk Lu: Crispy ranch chicken wrap WG , garden salad, peaches, milk Sn: cheese cubes, pretzels, water	15 Br: toast WG , pears, milk Lu: ham, sweet potatoes, roll WG , grapes, milk Sn: peaches, yogurt, water	16 Br: biscuit, apple sauce, milk Lu: turkey hot dog, bread WG , French fries, pears, milk Sn: toasted peanut butter and jelly English muffin sandwich, water	17 Br: Chex WG , apricots, milk Lu: garlic buttered tilapia with egg noodles, carrots, mixed fruit, milk Sn: cucumbers, Wheat Thins WG , water
20 Letter X week Br: raisin bread, grapes, milk Lu: chicken alfredo WG , garlic bread, green beans, peaches, milk Sn: crackers, turkey, cheese, water	21 Playdate  Br: naan, banana, milk Lu: chicken fajita, tortilla WG , French fries, apples, milk Sn: pretzels, 100% white grape juice	22 Br: ham and egg scramble, hash browns, milk Lu: Turkey and Swiss sandwich, carrots, pears, milk Sn: cheese pizza bagel WG , water	23 Br: blueberry muffins HM , applesauce, milk Lu: Beef nachos, pineapple, mixed veggies, tortilla chips WG , milk Sn: animal cracker, milk	24 Br: Cheerios WG , cantaloupe, milk Lu: chicken pot pie HM with biscuit, mixed veggies, fruit salad, milk Sn: grapes, cheese cubes, water
27 Letter P week Br: Chex WG , pears, milk Lu: corn dogs WG , peas, pineapple, milk Sn: pretzels, cheese stick	28 Br: strawberry muffin, orange slices, milk Lu: Macaroni and cheese WG , green beans, grapes, milk Sn: turkey, carrots, water	29 Br: Toasted English muffin, jelly, pears, milk Lu: Chicken parmesan WG , California blend veggies, mandarins, milk Sn: banana bread, applesauce, water	30 Br: Waffles WG , cinnamon apples, milk Lu: Center cut pork chops, roll WG , mashed potatoes, peaches, milk Sn: milk, winter trail mix WG	31 Br: Naan, grapes, milk Lu: bbq turkey sliders HM/WG , mixed vegetables, peaches, milk Sn: carrots w/ ranch, wheat thins WG , water